

Care to Fundraise?

Have fun with friends, take on a challenge, try something new whilst making a positive difference to the lives of unpaid carers and the people they care for living in Gateshead.

Help us to keep supporting unpaid carers!

Being an unpaid carer affects many aspects of a person's life including their mental and physical health. We believe that no unpaid carer should feel alone, and that it is vital all unpaid carers feel supported in their caring role, or feel supported to stop providing care if that's what they choose to do.

Fundraisers packed with inspiration!

Make your event even more special with our fundraising pack! It contains templates for your invitations, a GCA factsheet, donation bucket label, and a sponsorship form. We also have more fundraising assets available to download and print on our website, including; bunting, banners, signage, and sticker sheets!

Raise funds online, quick and easy

In a few clicks you can set up a fundraiser on our website! From there, all you have to do is share the webpage and supporters can make their donations safely and quickly.

For more information getting your fundraiser online, be sure to go on our website and click Get Involved.



Give it a label



Fundraise Safely!

Make it personal

Bring out the bunting!

Gateshead Carers Factsheet

Who are we?

Gateshead Carers Association is a non-profit organisation and for the past 25 years we have worked with and for unpaid adult carers in Gateshead helping to empower them in their caring role. We believe that no carer should feel alone, and that it is vital all unpaid carers feel supported in their caring role, or feel supported to stop providing care, if that's what they choose to do.

Why do we support unpaid carers?

Being a carer can be one of the most difficult roles someone can have in their life - with around 50% of carers providing over 100 hours of support to the person they care for, we are here to support them through this time in their life. Being a carer is not uncommon either, there are over 22,000 residents across Gateshead who recognised themselves as unpaid carers, that's 11.1% of the town's population. A caring role affects many aspects of a carer's life including their mental and physical health, as carers will often prioritise the needs of the person they care for until they reach a breaking point.

How to get involved in supporting us?

As a registered charity we very much rely on the generosity of our supporters and donors. With your help and passion, we can be there for carers when they need someone to listen to them. By giving a regular donation, setting up a trust fund, signing up for an event or organising your own, you'll be making a real difference to the lives of unpaid carers in Gateshead.

Donate

You can make a big impact on the lives of unpaid carers with a single donation! You can become a regular monthly donor which allows us to always be there for unpaid carers. All donation can be made quick and easily on our website!

Volunteer

There are many ways you can contribute your time and skills to supporting us. We have lots of opportunities available and will always help you find you the role that will best suit your skills and interests.

Fundraise

Everyone has a passion, a skill, or a hobby and we would love to be able to use yours to directly help unpaid carers. From competitions to coffee mornings, you can make a difference to an unpaid carer's life by bringing your community together!

Spread the Word!

A quick mention about us to your friends, family, or anyone else you may know can really help us out! You might even help someone discover that they are a carer too; and of course, we will be there to listen and help them get any support they may need!

You can get even more inspiration and information on supporting us over on our website!



Gateshead Carers

8-9 Gladstone Terrace, NE8 4DY | 0191 4900121 | gatesheadcarers.com | enquiries@gatesheadcarers.com
Registered Charity: 1118942

Covid-19 Safety Factsheet

How does the virus spread?

Covid-19 is thought to spread through close contact from person to person, including between people who are physically near each other. People who are infected but do not show symptoms can also spread the virus to others.

Types of Event

As you begin to plan your event it is important to understand the current Covid-19 restrictions in your local area in order to keep yourself and attendees safe at all times. For Gateshead, please visit Gateshead Council's website: <https://www.gateshead.gov.uk/article/14980/Coronavirus-COVID-19>

From no sooner than 21 June 2021

All legal limits on social contact will be removed allowing all types of event to take place.

The safety of you and your event attendees must be the highest priority when holding an event. With this in mind, it is essential to know what the latest Covid-19 guidelines are from the government.

To do this, visit www.gov.uk and search for Covid-19.

Before the Event

If you are going to host an event; be sure to do it safely. Remember, you're safest outdoors. Here are some general safety measures you can share with your attendees before the event;

- Stay at home if you feel unwell or sick
- Bring your own equipment and gear (if possible)
- Stay 2 metres from others
- Wash and sanitise your hands regularly
- Wear a face covering



During the Event

It is everybody's responsibility to stay safe and during the event. As an event host, you may find placing some reminders of your rules will help you and others to stay safe and enjoy the event.

After the Event

If your event is coming to an end and you are expecting a lot of people to leave at once. You can keep everyone as safe as possible and avoid crowding, by having a staggered exit. Attendees should leave with the people they came with when possible and social distancing should be in place.

Remember to sanitise and wash any equipment you have used, including door handles and tables, to stop the virus from lingering.



**YOU'RE
INVITED!**



Dear _____

You are invited to my _____

On _____

At _____

Best Wishes from _____

Please RSVP to _____

**YOU'RE
INVITED!**



Dear _____

You are invited to my _____

On _____

At _____

Best Wishes from _____

Please RSVP to _____



EVENT THIS WAY

EVENT THIS WAY





EVENT THIS WAY

EVENT THIS WAY





EVENT THIS WAY

EVENT THIS WAY





Care to Join My Fundraiser?

Gateshead Carers | www.gatesheadcarers.com | fundraising@gatesheadcarers.com
Registered Charity No. 1118942



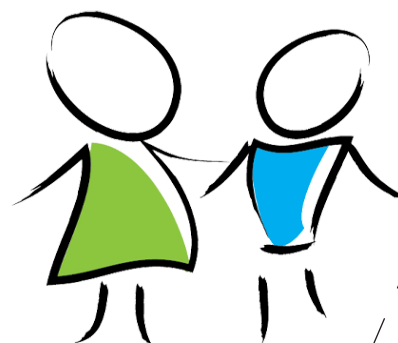
Gateshead **Carers**



Gateshead
Carers

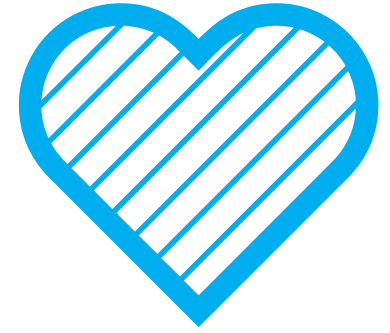
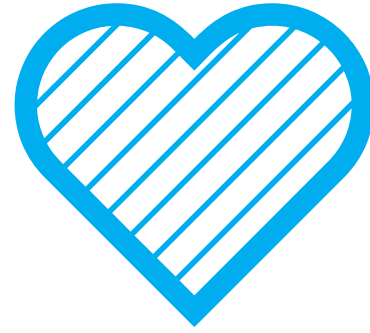
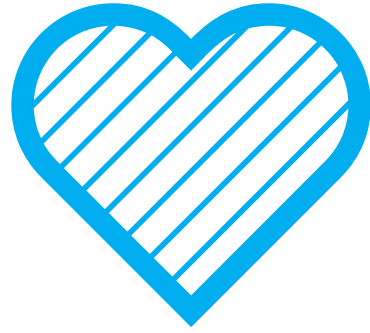
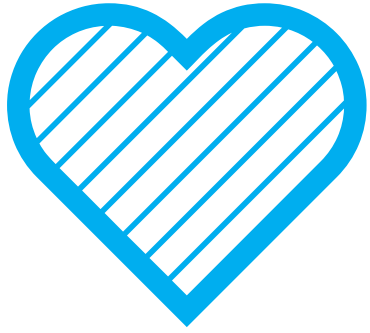


Gateshead **Carers**

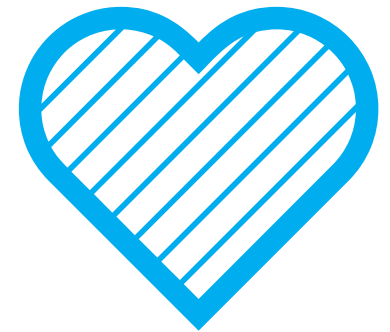
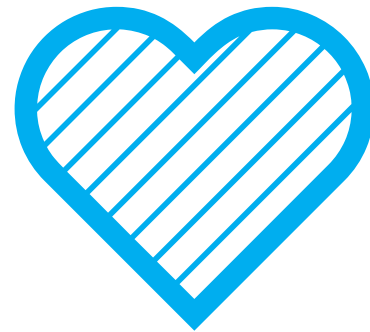
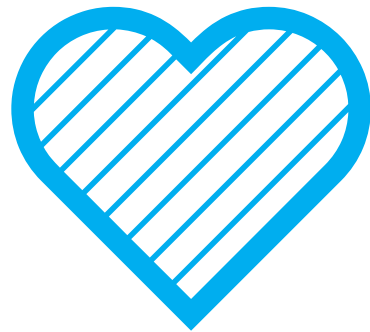
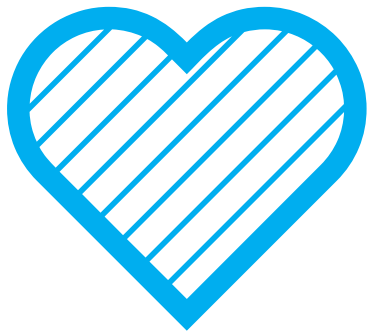


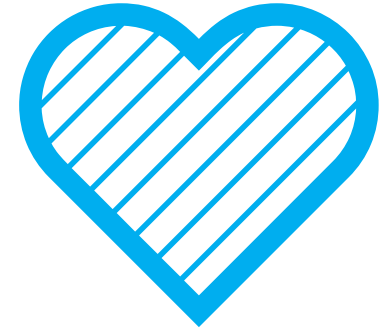
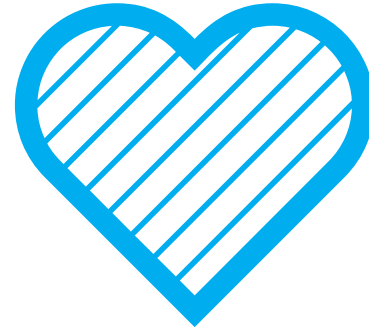
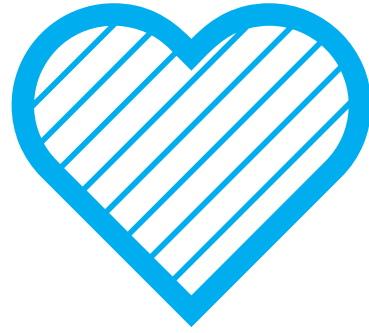
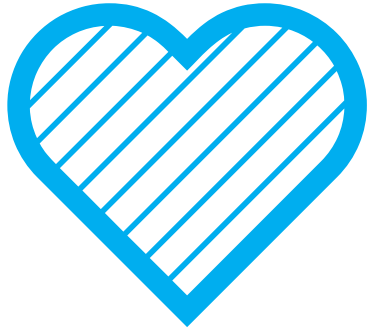




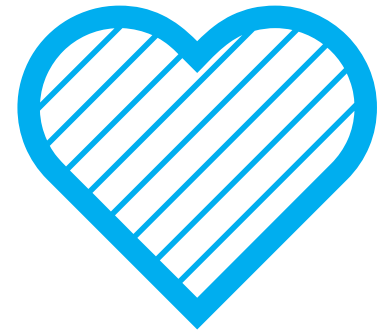
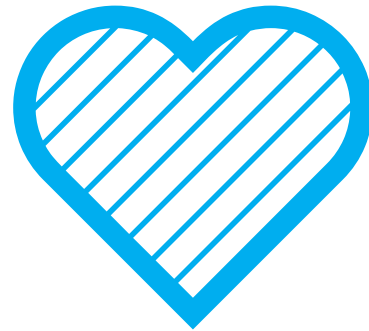
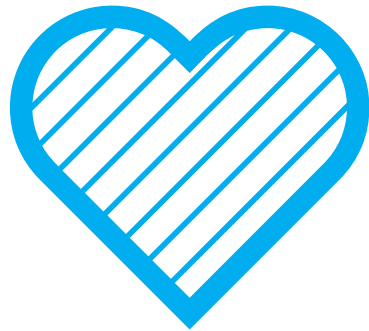
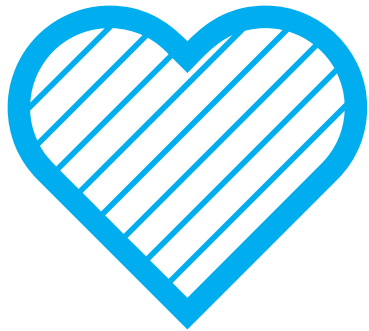


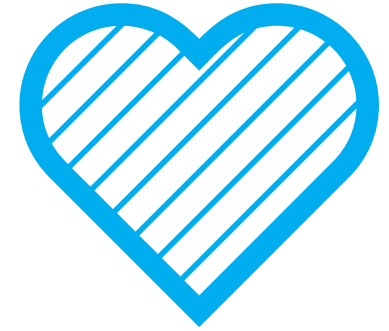
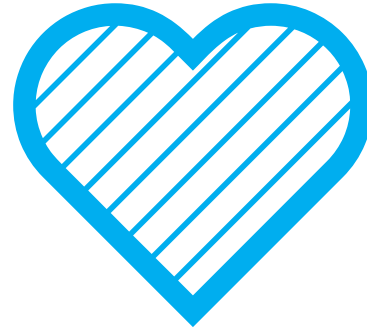
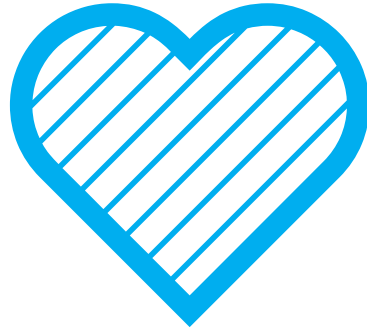
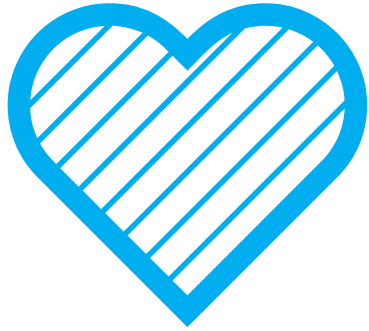
SUPPORTING



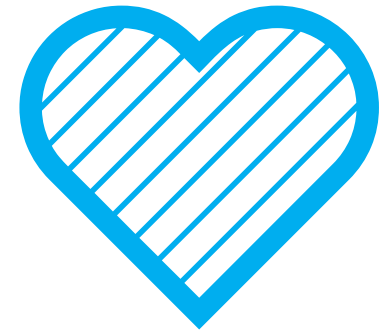
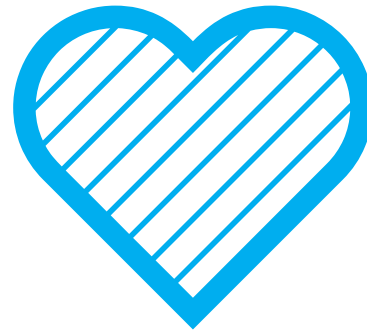
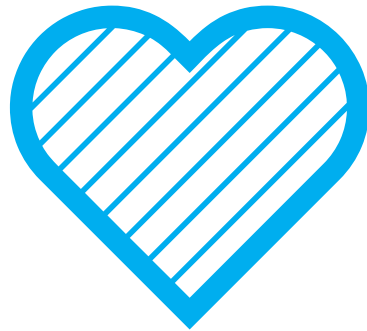
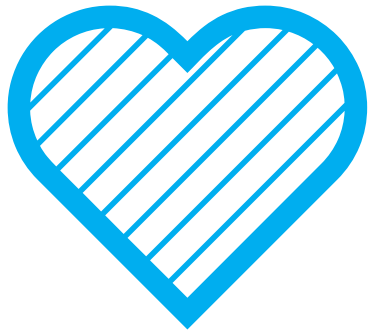


GATESHEAD



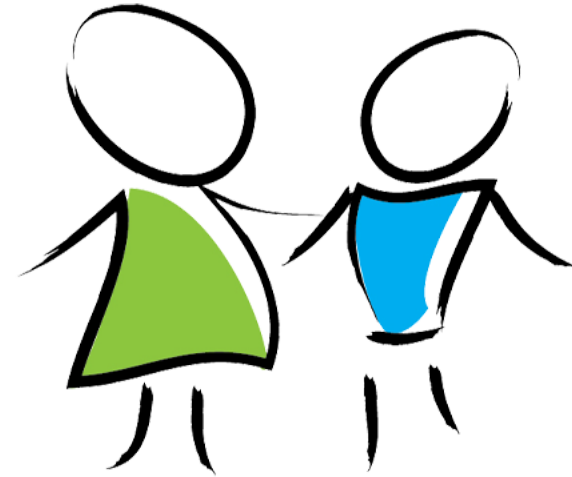


CARERS



Thank you for your donations; together we can make a difference!

Gateshead Carers

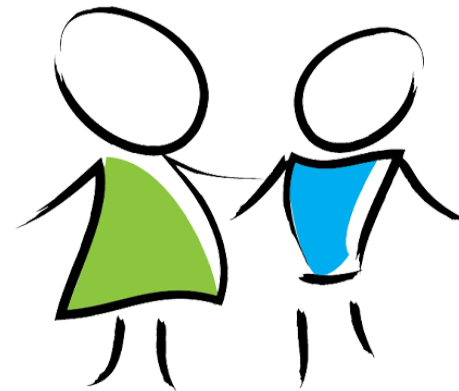


Registered Charity: 1118942

Supporting unpaid Carers living and working in Gateshead for over 25 years

Thank you for your donations; together we can make a difference!

Gateshead Carers



Registered Charity: 1118942

Supporting unpaid Carers living and working in Gateshead for over 25 years

